

Programme - Friday

No.	Time	Category	Distance	H,S,F
1	11.00	Open MK1	1000	H1
2	11.07			H2
3	11.14			H3
4	11.21			H4
5	11.28	U18 MK1	1000	H1
6	11.35			H2
7	11.42	Masters MK1 35-44	1000	F
8	11.49	Masters MK1 45-54	1000	H1
9	11.56			H2
10	12.03	Masters MK1 55+	1000	F
11	12.10	U16 WK4	500	F
12	12.15	Masters W K1	500	F
13	12.20	U16 MK2	500	H1
14	12.25			H2
15	12.30	Open WK1	500	H1
16	12.35			H2
17	12.40	U14 WK2	500	H1
18	12.45			H2
19	12.50	Open MK1	1000	S1
20	12.57			S2
21	1.04			S3
22	1.11	U18 MK1	1000	S
23	1.18	Masters M K2	1000	H1
24	1.25			H2
25	1.32	Tyros WK1	500	F
26	1.37	Tyros MK1	500	F
27	1.42	U18 WK2	500	H1
28	1.47			H2
29	1.52	U14 MK4	500	F
30	1.57	Novice WK1	500	F
31	2.02	Novice MK1	500	F
32	2.07	U16 WK2	500	F
33	2.12	Open WK1	500	S1
34	2.17	U16 MK4	500	F
35	2.22	U18 MK1	1000	AF
36	2.27	Open MK1	1000	BF
37	2.34			AF
38	2.41	Masters M K2	1000	F
39	2.48	U14 WK4	500	F
40	2.55	U18 WK2	500	F

No.	Time	Category	Distance	H,S,F
SHORT BREAK (officials changeovers)				
41	3.20	U16 WK1	500	H1
42	3.25			H2
43	3.30			H3
44	3.35	Open MK2	1000	H1
45	3.42			H2
46	3.49	Masters MK1 45-54	1000	F
47	3.56	U16 MK1	500	H1
48	4.01			H2
49	4.06			H3
50	4.11	U14 WK2	500	F
51	4.16	U18 WK1	500	H1
52	4.21			H2
53	4.26	U14 MK1	500	H1
54	4.31			H2
55	4.36	Masters W K2	500	F
56	4.41	Open WK1	500	F
57	4.46	Masters M K4	500	F
58	4.51	U18 MK2	1000	F
59	4.58	Open MK2	1000	F
PRIZEGIVING				

KEY	
	Tyros (U12 men/women)
	Novice men/women
	U14 Men
	U16 Men
	U18 Men
	U23 Men
	Open Men
	Masters Men
	U14 Women
	U16 Women
	U18 Women
	U23 Women
	Open Women
	Masters Women

Programme - Saturday

	Time	Category	Distance	H,S,F
60	11.00	Open MK1	500	H1
61	11.05			H2
62	11.10			H3
63	11.15			H4
64	11.20			H5
65	11.25	U16 WK1	500	S1
66	11.30			S2
67	11.35	U16 MK1	500	S1
68	11.40			S2
69	11.45	U14 MK2	500	F
70	11.50	U18 WK4	500	F
71	11.55	U14 WK1	500	H1
72	12.00			H2
73	12.05			H3
74	12.10	U18 MK4	500	F
75	12.15	Open WK2	500	F
76	12.20	Open MK1	500	S1
77	12.25			S2
78	12.30			S3
79	12.35	U16 WK1	500	F
80	12.40	U16 MK1	500	F
81	12.45	U14 MK1	500	F
82	12.50	U18 WK1	500	S1
83	12.55	U14 WK1	500	S1
84	1.00			S2
85	1.05	Novice MK1	100	F
86	1.10	Novice WK1	100	F
87	1.15	Open MK1	500	BF
88	1.20			AF
89	1.25	U16 MK2	500	F
90	1.30	Open WK4	500	F
91	1.35	U14 WK1	500	F
92	1.44	Tyros WK1	100	H1
93	1.48			H2
94	1.52	Tyros MK1	100	H1
95	1.56			H2
96	2.10	Club Relay	100	F
97	2.25	Open Men K4	500	F
98	2.30	U18 WK1	500	F

2.40 Break for Rowing Trials
PRIZEGIVING

No.	Time	Category	Distance	H,S,F
	4.00	Insert 200m pontoon		
99	4.15	U16 WK4	200	F
100	4.19	U18 MK1	200	H1
101	4.23			H2
102	4.27	Mast MK1 (35-44)	200	F
103	4.31	Masters Women K1	200	F
104	4.35	Novice WK1	200	F
105	4.40	Novice MK1	200	F
106	4.45	Tyros WK1	100	F
107	4.50	Tyros MK1	100	F
108	4.54	Senior Mixed K2	200	H1
109	4.58			H2
110	5.02	U18 WK4	200	F

PRIZEGIVING

KEY	
	Tyros (U12 men/women)
	Novice men/women
	U14 Men
	U16 Men
	U18 Men
	U23 Men
	Open Men
	Masters Men
	U14 Women
	U16 Women
	U18 Women
	U23 Women
	Open Women
	Masters Women

Programme - Sunday

No.	Time	Category	Distance	H,S,F
111	8.30	U16 MK4	200	F
112	8.34	Open WK1	200	H1
113	8.38			H2
114	8.42	U14 WK2	200	H1
115	8.46			H2
116	8.50	Open MK1	200	H1
117	8.54			H2
118	8.58			H3
119	9.02			H4
120	9.06	Junior Mixed K2	200	H1
121	9.10			H2
122	9.14	Mast MK1 (45-54)	200	H1
123	9.18			H2
124	9.22	U18 WK2	200	H1
125	9.26			H2
126	9.30	U16 MK1	200	H1
127	9.34			H2
128	9.38			H3
129	9.42	Tyros MK1	200	H1
130	9.47			H2
131	9.52	Open WK1	200	S1
132	9.56	U14 MK4	200	F
133	10.00	Open MK1	200	S1
134	10.04			S2
135	10.08			S3
136	10.12	U16 WK2	200	F
137	10.16	U18 MK1	200	S
138	10.20	Mast MK1 (55+)	200	F
139	10.24	U14 WK2	200	F
BREAK				
140	11.00	Junior Mixed K2	200	F
141	11.04	U18 WK2	200	F
142	11.08	Open WK1	200	AF
143	11.12	Tyros WK1	200	H1
144	11.17			H2
145	11.22	U16 MK1	200	S1
146	11.26			S2
147	11.30	Mast MK2	200	H1
148	11.34			H2
149	11.38	U16 WK1	200	H1
150	11.42			H2
151	11.46			H3
152	11.50	U14 MK2	200	F
153	11.54	Open MK1	200	BF
154	11.58			AF
155	12.02	Tyros MK1	200	F
156	12.07	U14 WK1	200	H1
157	12.11			H2
158	12.15			H3
159	12.19	U18 MK1	200	F
160	12.23	Masters Women K2	200	F
161	12.27	U16 MK2	200	H1
162	12.31			H2
163	12.35	U18 WK1	200	H1
164	12.39			H2

No.	Time	Category	Distance	H,S,F
165	12.43	Mast MK2	200	F
166	12.47	Tyros WK1	200	F
167	12.52	U14 MK1	200	H1
168	12.56			H2
169	1.00	Senior Mixed K2	200	F
LUNCH BREAK AND PRIZEGIVING				
170	1.40	U14 WK1	200	S1
171	1.44			S2
172	1.48	Open MK2	200	H1
173	1.52			H2
174	1.56	Tyros Mixed K4	200	F
175	2.00	U16 MK1	200	F
176	2.04	U18 WK1	200	S
177	2.08	U16 WK1	200	S1
178	2.12			S2
179	2.16	Mast MK1 (45-54)	200	F
180	2.20	Open WK2	200	F
181	2.24	U18 MK4	200	F
182	2.28	Tyros Mixed K2	200	F
183	2.32	U14 WK4	200	F
184	2.36	U14 MK1	200	F
185	2.40	Open MK2	200	F
BREAK				
186	3.10	U18 WK1	200	F
187	3.14	Mast MK4	200	F
188	3.18	U18 MK2	200	F
189	3.22	U16 WK1	200	F
190	3.26	U16 MK2	200	F
191	3.30	Open WK4	200	F
192	3.34	U14 WK1	200	F
193	3.38	Open MK4	200	F
194	3.45	Fun Choc K4	200	F
4.00		PRIZEGIVING		

KEY	
	Tyros (U12 men/women)
	Novice men/women
	U14 Men
	U16 Men
	U18 Men
	U23 Men
	Open Men
	Masters Men
	U14 Women
	U16 Women
	U18 Women
	U23 Women
	Open Women
	Masters Women